



**RETIRED PUBLIC EMPLOYEES ASSOCIATION  
Chico Chapter 077**

**APRIL 2018 NEWSLETTER**

**Mission Statement:**

*We are active and retired California public employees working together to maintain and improve the quality of the lives of our members by protecting and improving our earned retirement, medical, and other benefits. RPEA represents the rank and file retired public employees.*

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Chapter Website: [www.rpeachapter77.com](http://www.rpeachapter77.com)

**MEETING ANNOUNCEMENT**

**THURSDAY, APRIL 5, 2018 - 11:15 A. M.**

**Manzanita Place (Chico Elks Lodge)**

**1705 Manzanita Avenue, Chico - (Lunch cost: \$15)**

**SPEAKERS:**



Debbie VanDevroot – Curves    David Donez – NSFitness

**TOPIC: “SilverSneakers Program”**



SilverSneakers is a free fitness program for seniors that is helping millions of people on Medicare defy the odds, shatter stereotypes, and answer every challenge with, “I can do this!” SilverSneakers membership includes unlimited access to every participating gym and fitness center and core services in the network. SilverSneakers is an exercise program specifically designed for older adults with the goal of keeping you engaged, and

healthier in the long run. NSFitness is designed to integrate the best of traditional *fitness* with the latest functional and performance training methods that can be scaled for the beginner to the most advanced. Curves provides the means for improved physical fitness, flexibility, and stamina for individuals of all fitness levels. Thirty minutes a day, three times a week, can change your life! SilverSneaker participants in this area are: Curves (Chico and Paradise), NSFitness (Chico), and Ridge Fitness for Women (Paradise).

**ELIMINATION OF RAFFLES AND DRAWINGS**



Roger Klaves, Assistant Area II Director, reported at the March 1 membership meeting that RPEA Headquarters notified all RPEA presidents that they could no longer hold raffles or drawings during, before, or after their meetings. If participants are required to purchase a ticket in order to have a chance to win a prize, the drawing is subject to the provisions of Penal Code section 320.5 and related regulations as a raffle. In California, charities and nonprofit organizations may conduct raffles to raise funds for beneficial or charitable purposes in the state. The exception to the general constitutional prohibition against lotteries requires that at least 90 percent of the gross receipts from these raffles go directly to beneficial or charitable purposes in California. As a result, we will no longer be selling raffle tickets at our meetings as we have in the past.

## HEALTH BENEFITS REPORT – By Al Raitt

There is a bit of a lull these days when it comes to the subject of retiree health benefits. The state legislature recently adjourned for their spring break. As usual, there was a “flurry” of bills introduced at the last minute, and it’s now time to begin reviewing these to see which ones might impact our benefits. This is being done by both CalPERS Legislative staff as well as the RPEA Legislative and Health Benefits committees. This process will result in a better understanding of what these bills intend, and it will also provide us with the insight to determine what positions (support, oppose, watch) the RPEA Board wants to take when these bills begin to move further along the legislative process.

In the meantime, CalPERS has for the past two to three months begun negotiations with the health insurance providers in order to set premium rates and extent of coverages. Some preliminary information was provided at the March 15, 2018, monthly Stakeholders meeting in Sacramento. For example, Etna will be providing coverage in 30 counties in the coming year. Anthem will be dropping UC Davis as a covered service in their “Select” plans, but will be still providing coverage in their “Traditional” (larger than “Select”) plan. Healthnet is considering withdrawing from the Sacramento market. Western Health Advantage will be adding four counties to their areas of coverage: Alameda, Contra Costa, San Francisco, and San Mateo. It is possible that, as the premium rate-setting negotiating process continues, some companies might decide to stop offering coverage all together. As is the case each year, this process will bear watching, and additional information will be made available in these newsletter articles as it is reported by CalPERS staff.

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## 2018 CHAPTER 077 BOARD OF DIRECTORS

<b>Norm Stump (President)</b>	<b>893-0767</b>
<b>Betsy Kruger (Vice President)</b>	<b>345-7563</b>
<b>Barbara Evans (Secretary)</b>	<b>342-4783</b>
<b>Joan Palmer (Treasurer)</b>	<b>343-7405</b>
<b>Sharon Salcido (Webmaster &amp; Newsletter Editor)</b>	<b>893-0181</b>
<b>Al Raitt (Health Benefits Chair)</b>	<b>893-0435</b>
<b>Mary Kowta (Legislative Chair)</b>	<b>342-6759</b>
<b>Margaret Ballinger (Membership Chair)</b>	<b>342-1059</b>
<b>Vacant Committee (Sunshine Chair)</b>	
<b>James Gregg (Member at Large)</b>	<b>343-0841</b>
<b>Craig Praizler (Member at Large)</b>	<b>891-8910</b>
<b>Lawrie Salvestrin (Member at Large)</b>	<b>519-5223</b>
<b>Sandy Thomas (Member at Large)</b>	<b>343-5118</b>
<b>Judy Winter (Member at Large)</b>	<b>345-6778</b>
<b>Ralph Huntsinger (Past President)</b>	<b>343-3456</b>

### INTERESTED IN SERVING ON THE BOARD?

New officers will be elected at the November meeting. We want to start looking for new leadership between now and then. Please contact one of our Chapter 077 Board members if you are interested in becoming an officer and serving on the Board.

Mary Kowa suggested including the following important information in the newsletter:

Dog flu is spreading into northern California. This is especially bad for very old dogs and pups. Local vets advise immunization, and this may be required for boarding. It has been suggested to avoid dog parks.

*We want to keep our furry companions healthy!*